

# the Source +



## Market Alerts

**EGGPLANT AND PEPPERS** Eggplant pricing is up this week, primarily due to short supplies out of California and Mexico. **Bell Peppers** are also higher due to the same growing conditions. Quality is good to fair, with **Choice-Grade Green Bells** the best cost and quality option.

**POTATOES** As the storage crop winds down, **Idaho 80 CT potatoes** and smaller are the best buys, and will continue to be throughout the summer. Avoid **70 CT or larger** where possible. Quality is good across all sizes.

**AVOCADOS** The supply of product out of Mexico continues to be severely restricted, due to a combination of growing condition and import issues. Product from other sources, including California, is not plentiful enough to offset the Mexican shortage, and pricing continues to be much higher than normal.

**APPLES** Apples are also a storage crop, and some varieties are running low on small fruit. **Granny Smith** and **Golden Delicious** are currently the most impacted, with **88 CT** and larger being more available than **100 CT** and smaller. Consider using **Fujis** or **Galas** as an alternative where smaller sizes are needed.

## A Peek at Peak Seasons

**Locally Grown Products:** The local growing season is starting up. Michigan Blueberries, Virginia Corn, New Jersey Peppers, Long Island Lettuces and other products are now available. Ask your distributor for this week's local farms list!

**Stone Fruit:** Domestic harvests of peaches and nectarines have begun. Ask your distributor for availability.

**Blackberries & Raspberries:** California and Mexico are peaking, with great quality and pricing reported.

**Asparagus:** Locally grown asparagus is being harvested in many parts of the Pacific Northwest, Midwest and Northeast U.S. Ask your distributor for what's available!

**Grapes:** California Red and Green Grapes are in great supply, with excellent quality and pricing reported. Late spring/early summer is the best time of year to feature grapes on your menus.

## Weather Update

**California:** Much hotter, drier conditions are expected throughout the week in the inland growing regions. Temperatures could hit 100 in some areas.

**Mexico:** Tropical Storm Calvin's dissipation is bringing showers and "monsoonal moisture" to most of Central Mexico.

**Florida:** Rainy conditions, some thunderstorms and seasonal temperatures are expected throughout the week.



# Commodities at a Glance

 APPLES	WA, ID and MI are at peak season on certain varieties. Quality is excellent.
 ASPARAGUS	Pricing and quality are very good, especially on Pencil and Standard sizes.
 AVOCADO	Pricing is slightly higher than normal, quality is good to fair.
 BELL PEPPERS	Quality is good to fair, pricing is higher on Western product.
 BERRIES (BLACKBERRIES)	Pricing and quality are good.
 BERRIES (BLUEBERRIES)	Pricing and quality are good.
 BERRIES (RASPBERRIES)	Pricing and quality are good.
 BERRIES (STRAWBERRIES)	Pricing and quality are good.
 BROCCOLI	Pricing is fair, quality is very good.
 BRUSSELS SPROUTS	Quality and pricing are good. Mexican product is at peak season.
 CARROTS	Quality is good, pricing is stable.
 CAULIFLOWER	Quality and pricing are good.

 CELERY	Quality is fair, pricing is higher.
 CITRUS (LEMONS)	Quality is good, pricing may be higher on certain sizes.
 CITRUS (LIMES)	Quality and pricing are good.
 CITRUS (ORANGES)	Quality is good, pricing may be higher on certain sizes.
 CUCUMBERS	Pricing is higher on some grades. Quality is good.
 EGGPLANT	Quality is good to fair, pricing is higher.
 GARLIC	Quality is fair, pricing is higher.
 GRAPES (GREEN)	Quality and pricing are good.
 GRAPES (RED)	Quality and pricing are good.
 GREEN ONIONS	Quality and pricing are good.
 KALE	Quality and pricing are good.
 LETTUCE ICEBERG	Quality and Pricing are good.

 LETTUCE LEAF	Quality is good to fair, pricing is good.
 MELON (CANTALOUPE)	Quality and pricing are good.
 MELON (HONEYDEW)	Quality and pricing are good.
 MELON (WATERMELON)	Quality and pricing are good.
 ONIONS	Quality is good, pricing is higher.
 PEARS	New crop is being harvested, quality is good, pricing is stable.
 PINEAPPLES	Quality and pricing are good.
 POTATOES	Pricing is higher on 70 CT and larger. 80 CT and smaller are the best values.
 POTATOES (COLORED)	All colors are at peak season.
 SQUASH	Pricing is higher on Yellow than Green. Quality is good.
 STONE FRUIT	Quality and pricing are good. Chilean product is at peak season.
 TOMATOES	Pricing is slightly higher than normal. Romas, 5X6 Rounds and Cherries are the best buys. Quality is good across all sizes and varieties.

