



• FAMILY-OWNED AND OPERATED •
UPPER LAKES FOODS
EST 1967

Valentine's Day Meal Kit Builder

800.879.1265 | UPPERLAKESFOODS.COM

Valentine's Day dinner planning just got easier!

#1. Pick a protein sure to impress

CREEKSTONE S/O CTC Tenderloin
518216 - 20/8 OZ.

L & C MEAT Garlic Butter Cap Steak
531608 - 24/6 OZ.
531632 - 20/8 OZ.
531665 - 16/10 OZ.

RANCHER'S LEGACY N/D
Choice Tenderloin
518514 - 28/6 OZ.

RANCHER'S LEGACY N/D Center
Cut USDA Choice Top Butt
518755 - 20/8 OZ.

RANCHER'S LEGACY N/D USDA
Choice Center Cut New York Strip
518743 - 14/12 OZ. AVG.

INTERESTED IN FRESH CUT STEAKS?
ASK YOUR SALES REP ABOUT CUTS AND
SIZES WHEN PLANNING YOUR MENU.

AQUA STAR Pasteurized
Blue Crab Claw Meat
243048 - 1/16 OZ.

HANDY CRAB
Backfin Lump Crab Meat
243057 - 1/1 LB.

HANDY CRAB Combo Crab Meat
(10% Jumbo Lump, 30% Lump,
20% Special, & 40% Claw)
243059 - 1/1 LB.

KING & PRINCE 16-20
Butterfly Coconut Shrimp
612555 - 4/2.5 LB.

KING & PRINCE U-12
Breaded Gold Pack Shrimp
612600 - 6/2.5 LB.

MAZZETTA 16-20 Raw Tail-On
Peeled & Deveined Shrimp
606734 - 1/2 LB.

MAZZETTA 8-12 Raw Tail-On
Peeled & Deveined Shrimp
606723 - 1/2 LB.

MAZZETTA U-15 Raw Tail-On
Peeled & Deveined Shrimp
606722 - 1/2 LB.

MRS. FRIDAY'S 12-15 Homestyle
Breaded Deepcut Shrimp
604648 - 1/3 LB.

MRS. FRIDAY'S U-15 Round
Gold Pack Shrimp
604612 - 1/2.5 LB.

OCEAN HORIZONS IW Boneless
Alaskan Sockeye Salmon
649567 - 20/8 OZ.
649569 - 27/6 OZ.

OCEAN HORIZONS IW
Boneless Atlantic Salmon
649571 - 27/6 OZ.
649573 - 1/10 LB. 8 OZ.

OCEAN HORIZONS IW Boneless
Wild Alaska Keta Salmon
640427 - 20/8 OZ.
640431 - 27/6 OZ.
640429 - 40/4 OZ.

Perfect pairs

TRIDENT Mahi
Mahi Fillet
643535 - 1/10
LB. 6 OZ.

+

BIX PRODUCE N/D
Fresh Mango Salsa
147777 - 1/2.5 LB.

WESTERN SELECT
14-16 Grill Ready
Apple Bacon
549243 - 2/7.5 LB.

+

HIGH LINER U-10
IQF Dry Scallop
638718 - 1/5 LB.

#2. Pick some delicious sides

BAKER BOY White Dinner Roll
717141 - 6/30 CT. 1.2 OZ.

BAKER BOY Wheat Dinner Roll
717142 - 6/30 CT. 1.2 OZ.

SIGNATURE BREAD Parbaked
Assorted Dinner Rolls (French,
Wheat, Onion Dill, & Sourdough)
716043 - 240/1.25 OZ.

BIX PRODUCE Clipped Green Beans
144154 - 1/5 LB.

PROACT Asparagus
125518 - 11/1 LB.

BIX PRODUCE Organic
Rainbow Carrots
127111 - 1/25 LB.

IDAHOAN Homestyle
Mashed Potatoes
200330 - 12/28 OZ.

IDAHOAN Potato Creamy
Mashed Pouch
200200 - 8/26 OZ.

MICHAEL'S Deluxe Fresh
Mashed Potatoes
703931 - 4/6 LB.

MCCAIN Three Cheese
Twice Baked Potato
701222 - 4/8 CT.

MINNESTALGIA Cultivated
Long Grain Wild Rice
381443 - 2/5 LB.

Dress up your steak

ROTH KASE Buttermilk Blue Cheese
207711 - 1/6 LB. AVG.

ROTH KASE Moody
Blue Cheese Wheel
208414 - 1/6 LB. AVG.

ROTH KASE Natural
Smoked Gouda Cheese
208213 - 1/10 LB. AVG.

According to
the National
Restaurant
Association,
Valentine's Day
is the second
busiest holiday
for restaurants
(behind
Mother's Day).



#3. Add a sweet treat



Top with style

DRISCOLL Strawberry
111252 - 8/1 LB.

PROACT Raspberry
111302 - 12/6 OZ.

LAND O'LAKES 40%
Heavy Whipping Cream
149733 - 1/2 GAL.



DIANNE'S Gourmet
Carrot Cake
736406 - 2/96
OZ. 9" 14 SLI.

DIANNE'S Italian
Lemon Cream Cake
739605 - 2/66 OZ. 12 SLI.

DIANNE'S New York
Vanilla Cheesecake
739418 - 2/96
OZ. 8" 14 SLI.

DIANNE'S Scoopable
Cheesecake (GF)
739615 - 2/80 OZ.

DIANNE'S Supreme
New York Vanilla
Cheesecake
736418 - 2/96
OZ. 10" 14 SLI.

DIANNE'S Turtle
Cheesecake
736425 - 2/96 OZ. 14"

DIANNE'S Ultimate
Chocolate Cake
736409 - 2/90
OZ. 10" 14 SLI.

DIANNE'S Unsliced
Tiramisu Cake
736414 - 2/75 OZ.

DIANNE'S Variety
Cheesecake (New York
Vanilla, Raspberry
Swirl, Silk Tuxedo, &
Chocolate Chip)
736420 - 4/30
OZ. 8" 14 SLI.

SWEET STREET
Chocolate Rockslide
Brownie
729338 - 4/16 CT.

SWEET STREET Flourless
Chocolate Torte
729335 - 2/16 SLI.

SWEET STREET
Salted Caramel
Brulee Cheesecake
729210 - 2/54 OZ. 16 SLI.

SWEET STREET White
Chocolate Blueberry
Cheesecake
729209 - 2/5.062 LB.

SWEET STREET White
Chocolate Raspberry
Brulee Cheesecake
729204 - 2/5.44 LB.

#4. Beverages too!

RED DIAMOND Ground
French Vanilla Coffee
415985 - 40/2.5 OZ.

RED DIAMOND Ground
Highland Grog Coffee
415155 - 40/2.5 OZ.

RED DIAMOND Jamaican
Me Crazy Coffee
416079 - 40/2.5 OZ.

RED DIAMOND White
Chocolate Caramel
Cappuccino
416015 - 6/2 LB.

#5. Pack it up

FABRI-KAL 16 oz. Clear
Deli Container with Lid
807702 - 1/250 CT.

FABRI-KAL 32 oz. Clear
Deli Container with Lid
807706 - 1/250 CT.

HANDI-FOIL Full Size
Steam Foil Pan Lid
800101 - 1/50 CT.

HANDI-FOIL Full Size
Deep Steam Foil Pan
800102 - 1/50 CT.

HANDI-FOIL Half Size
Steam Foil Pan Lid
800103 - 1/100 CT.

HANDI-FOIL Half
Size Steam Foil Pan
800104 - 1/100 CT.

DART 6 oz. Foam Container
805461 - 2/50 CT.

DART 8 oz. Foam Container
805463 - 2/50 CT.

DART 12 oz. Foam
Container
805464 - 25/20 CT.

DART 16 oz. Foam
Container
805462 - 20/25 CT.

EMPRESS 9" Round Foil Pan
800116 - 1/500 CT.

HANDI-FOIL 9" Round
Dome Foil Pan Lid
800117 - 1/500 CT.